



The Pandemic Reel 1x32R Maria Bright

(1 Dancer Repeat 1 Dance set RTR Set)

1-8 Dancers cast off behind own couch, dance around the end & back to place.

9-16 Do-Si-Do around coffee table, then slip step away from the coffee table & back.

17-24 Dance down the hallway, into the kitchen, grab a beverage* & dance back to place.

25-32 Set, while placing the beverage on the coffee table, turn on the spot twice (using Pas de Bas), then retire to the couch, sit, and enjoy.

*Wine, beer, whiskey, or other beverage of choice

(MAXICRIB, Scottish country dancing instructions compiled by Reuben Freemantle)

Dance Notes

It may be necessary to rearrange furniture or simply to adapt the instructions to suit one's own accommodation.

17-24 Extend this phrase to 16 or more bars if necessary.

The beverage may be wine, beer, whisky or your own preference.

(Dance Notes by Reuben Freemantle)

Dance Information

Many Scottish Country Dancers suffer withdrawal symptoms on discovering that, by reason of age and despite being naturally active, the 2020 Corona virus Covid-19 regulations place them in the demographic required to self-isolate.